

ALL-SITA RULES & GUIDELINES

1. Meet will start promptly at 5:30 PM. **Please arrive no later than 5:00 PM.**
2. Qualifiers will be listed on the website soon. If you have a team or athlete that is **NOT** attending, please e-mail mlmc14006@gmail.com as soon as possible so that seeding can be done properly.
3. RELAYS: Schools that finished in the **top 3 placements** in the **Championship Meet** are eligible to compete in the ALL-SITA Meet. Relay qualifiers are school-specific, not athlete specific. IE: If your school qualified to bring any 300 or 800 relay, you may substitute runners into that relay that were not part of the qualifying championship team.
4. MILE, SOFTBALL THROW and JUMPS: Athletes that finished in the **top 3 placements** in the Championship Meet are eligible to compete in the ALL-SITA Meet. No substitutions will be permitted.
5. SPRINTS: Athletes that finished in the top **4 placements** in the Championship Meet are eligible to compete in the ALL-SITA Meet. No substitutions will be permitted.
6. Ribbons will be awarded for 2-6 places; 1st place will receive an All-SITA plaque.
7. All other rules for regular meets apply.